

Changing the way we milk.TM

Instructions, recipes and general
information about your Nutr Machine.





With Nutri, you have the power. Take control of your ingredient label, and say goodbye to store bought milks and their carton waste. Go nuts! Get creative with better plant-based milks.

The Nutri Machine

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How to use the Nutr Machine

Room Temp 140°F
HOT 212°F
Keep Warm
Water Boil
Self Clean

Start/Cancel
Menu/Delay Start

1 Remove the Lid

Twist to open the lid. Remove when in “unlocked” position.



2 Add Ingredients

Add your base nut, seed or grain followed by any additional ingredients you wish. Then, add as little or as much water as you’d like, but do not fill above the MAX line.



3 Close the Lid

Place the lid on the machine aligning the arrow with the 'unlocked' symbol. Press down to secure, then rotate clockwise aligning the arrow with the 'locked' symbol to secure the lid.



The machine will not function unless the lid is securely in the locked position. An “E2” message will be displayed if the lid is not properly locked, as well as when the machine is in standby mode.

4 Connect to Power

Make sure the power cord is connected to the machine and to an electrical outlet. When connected to power, indicator lights will flash and the machine will beep.



5 Select Settings

Use the menu button to toggle between Room Temp, Warm, or Hot. The selected setting will emit a blinking light.



6 Watch the Magic Happen

Once the setting is selected, the machine will start running automatically. Once complete, unlock and remove the lid to witness the fruits of your labor!



Run time is dependent on your settings and recipe (3–20 minutes). The machine will automatically stop when complete. To cancel, push the main button for 3 seconds to reset the functions.

For heated settings: The machine will start blending for 2 seconds, then III will appear on the screen while heating. The blending will automatically start when heating is complete.

7 Strain if Desired

You can drink the milk as is or run it through the strainer provided to remove pulp.



8 Enjoy or Store

Remember — no more preservatives or additives! This means your milk will remain fresh when stored for up to 3 days in the refrigerator.



Settings on your machine

Room Temp

Use this for non-heated or cold mixtures (~3 min run time).

Hot

Reach boiling temperatures while blending for recipes, 212°F (~20 min run time).

Keep Warm

Keep your concoctions warm over time by selecting this function with the main button.

Delay Start

You can pre-soak nuts & grains for up to 18 hours with delay start. Press and hold the main button for 3 sec to enter Delay Start mode.

Please Note: Delay Start is only available for the HOT setting.

The number seen on the screen shows the time left (in seconds).

Warm

Create milks for warm beverages like coffee & tea, 140 degrees (~5 min run time)

Water Boil

The Nutr Machine can be used to simply boil water or any liquid of your choice.

Self Clean

A simple, self-cleaning function that works by adding warm water & a small amount of dish soap. Runs a 90 sec rinse cycle.

Choose timing: 05 / 1H / 15 / 2H ("05" represents a 30 min time frame, 15 represents 1.5 hours) and hold main button again for 3 sec to activate Delay Start.

Use the button to navigate and select settings

Features of the Nutr Machine

Locking Lid Seal

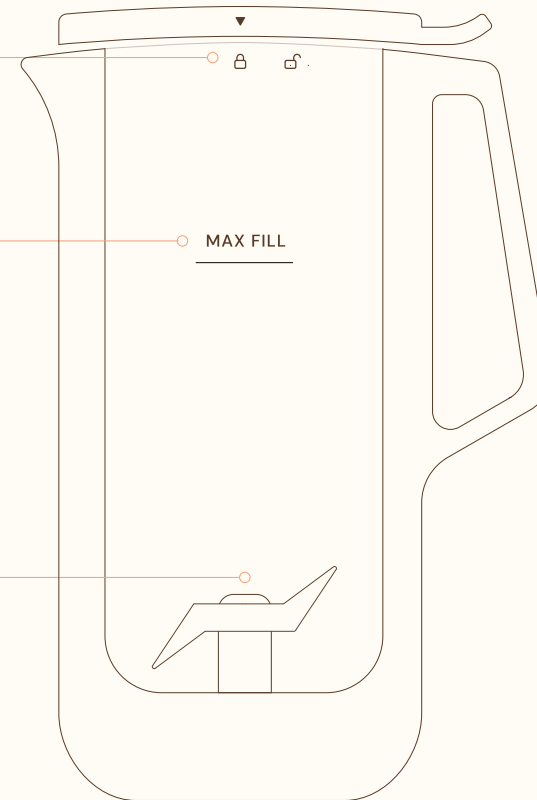
Keeping you safe and your counters clean.

Single Serving Capacity

Make exactly what you need, when you need it, fresh and to limit food waste.

130 Watt Motor

Powerful blades to grind nuts, grains & seeds for hot and cold recipes



Recipes



NUTR PLANT MILK BASICS

The general formula for a nut milk is as follows:

2–4 tbsp of your preferred nut, grain or seed

+

1 – 1.5c water (1/2 cup for creamer)

+

Pinch of salt

+

Optional: sweetener of your choice

Tip: Blend 2x for creamier results!

OAT MILK



2 tbsp quick oats

1 tbsp maple syrup, honey, a pitted date or your preferred sweetener! (optional)

1/4 tsp vanilla extract (optional)

Pinch of salt

1 cup water

Add all ingredients to Nutr Machine and run the Room Temp setting. Strain and enjoy your homemade oat milk! Oat milk may separate slightly as it sits, simply stir it back together to enjoy.

***Please note, oat milk is best enjoyed on the Room Temp setting.**

Fun fact: you can also make oat milk with steel cut oats! See thenutr.com for the recipe.

ALMOND MILK



2 tbsp raw almonds

1 tbsp maple syrup, honey, a pitted date or your preferred sweetener! (optional)

1/4 tsp vanilla extract (optional)

Pinch of salt

1 cup water

Add the ingredients to the Nutr Machine and run the Room Temp cycle. Strain if desired. Voila! Your delicious homemade almond milk recipe is ready.

***Please note, Almond milk is best enjoyed on Room Temp or Warm setting, and may need an additional run cycle for the smoothest result!"**

Tip: Add an ice cube or use cold water if you prefer cold milk.

CASHEW CREAMER



2 tbsp raw, unsalted cashews

Pinch of salt

1 tbsp maple syrup, honey, a pitted date or your preferred sweetener! (optional)

1/4 tsp vanilla extract (optional)

1/2 cup water

Add all ingredients to the Nutr Machine and run through the Warm cycle. Strain as desired. Pour the cashew creamer into your favorite coffee and enjoy!

Tip: Creamers can be made with all milk recipes, just add less water for a thicker, creamier texture!

SOY MILK



1 tbsp dried yellow soybeans, rinsed

1 tbsp maple syrup, honey, a pitted date or your preferred sweetener! (optional)

1/4 tsp vanilla extract (optional)

Pinch of salt

1 cup water

Add all ingredients to the Nutr Machine and run through one Hot cycle. Strain and let cool as the mixture will be very hot! Enjoy your soy milk warm or place in the fridge to cool.

**Please note, uncooked soybeans must be used on the Hot setting to reach a 212F / boiling temperature to be safely consumed.*

Every kind of milk you can enjoy with your Nutr Machine:



*Must be used on Hot setting to be safely consumed.



Pro tip: the Nutr Machine can make more than simply milks & creamers! Get creative with smoothies, lattes, and seasonal hot & cold beverages. Check out more Nutr recipes on our website.



Handling & Care

DO NOT SUBMERGE IN WATER!

Hand wash the inside cavity and lid or use the self-clean function. To run a clean cycle, simply add a small amount of dish soap and water, then select the self-clean from the machine menu. This product is not dishwasher safe.

Warranty & Returns

Nutr provides a 30-day return window (US & Canada) from the date of which you receive the product. For any materials or workmanship related issues, please see warranty information below.

90-Day Warranty: We will issue a full refund by product replacement if you have received a product that has a manufacturing defect or the product does not match the description provided by us subject to terms herein. This Warranty extends 90 days after shipment.

Please contact us at help@thenutr.com. Upon report of the issue, Nutr will provide a return shipping label to cover return shipping.

Returned items must be received and inspected prior to the issue of a replacement item. The item may be new or in a newly refurbished condition.

Any order refunds will not be issued, only replacement products.



Refer a friend

They'll get \$10 off their first order, and
you'll receive \$10 off your next order.

Scan the QR code to start earning!

